

October is here, and we have a fun-filled week ahead at the Thurmont Senior Center!
Here's what's happening October 5–9:

 **Monday, October 5**

- 10:30 AM – Strength & Balance Class
- 12:15–3:00 PM – Manicure Monday (call for an appointment)
- 12:30 PM – Chair Dancing Class
- 1:00 PM – Stitch & Chat

 Lunch: Hot Dog on a Bun, Macaroni Salad, Applesauce & Dessert

 **Tuesday, October 6**

- 10:30 AM – Strength & Balance Class
- 1:00 PM – Cards & Games
- 1:00 PM – Craftin' in the Catoctins: Pumpkins 🎃

 Lunch: Crabcake Sandwich, Broccoli Slaw, Fruit Cup & Dessert

 **Wednesday, October 7**

- 10:30 AM – Introduction to Tai Chi for Arthritis
- 1:00 PM – 50/50 BINGO

\$5 for a 3-pack of 20 games, with the last game \$1 winner-take-all!

 Lunch: Roast Pork with Dressing, Mashed Potatoes & Gravy, Peas & Dessert

 **Thursday, October 8** 🎉 **COLORFEST YARD SALE!**

Our indoor yard sale is happening at the Senior Center! Come shop and find some great bargains.

 Lunch: Cheese Pizza, Salad & Dessert

 Lunch is delivery only today.

🍂 Roy Rogers Bake Sale and Fundraiser!!! 5:00-9:00. Be sure to mention the Senior Center inside or at the Drive Thru!

 **Friday, October 9** 🎉 **COLORFEST YARD SALE!**

Stop by the Senior Center and check out our indoor yard sale!

 Lunch: Fried Chicken Strips, Macaroni Salad, Cottage Cheese with Apple Butter & Dessert

 Lunch is delivery only today.

Come spend the week with us! 

We hope to see you at the Center!