

**THURMONT SENIOR CENTER
MAY 2026 ACTIVITIES**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| | | | | | 1 9:30 ZUMBA GOLD w/ Kellie Bevard 10:30 Strength & Balance Class 1:00 Cards & Games | 2 |
| 3 | 4 10:30 Strength & Balance Class 1:00 Manicure Monday (call to make appt.) 1:00 Stitch & Chat | 5 10:30 Strength & Balance Class 1:00 Cards & Games 1:00-3:00 Cinco de Mayo snack bar | 6 10:30 Chair Yoga 1:00 <u>50/50 BINGO</u> \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all | 7 10:30 Strength & Balance Class 1:00 Craftin' in the Catoctins 5-8 pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering | 8 9:30 ZUMBA GOLD w/ Kellie Bevard 10:30 Strength & Balance Class 1:00 Cards & Games | 9 |
| 10 | 11 10:30 Strength & Balance Class 1:00 Manicure Monday (call to make appt.) 1:00 30-Min SEATED Dance Exercise Class | 12 10:30 Strength & Balance Class 1:00 Cards & Games 1:00 Craftin' in the Catoctins | 13 10:30 Chair Yoga Senior Center closes today at 1:00 for Board meeting | 14 10:30 Strength & Balance Class 10:00-12:30 Seated Massage Marie Free (\$1 per minute) 1:00 Cards & Game | 15 9:30 ZUMBA GOLD w/ Kellie Bevard 10:30 Strength & Balance Class 12:30 Monthly Birthday Party 1:00 Cards & Games | 16 |
| 17 | 18 10:30 Strength & Balance Class 1:00 Manicure Monday (call to make appt.) 1:00 Stitch & Chat 1:00 Craftin' in the Catoctins with FCPL | 19 9:00-3:00 Ellie Williams (Dept of Aging). Call for appointment. 10:30 Strength & Balance Class 12:30-1:30 Bible 101 1:00 Cards & Games | 20 10:00 Library Day 10:30 Chair Yoga 1:00 <u>50/50 BINGO</u> \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all | 21 10:30 Strength & Balance Class 1:00 Cards & Games | 22 9:30 ZUMBA GOLD w/ Kellie Bevard 10:30 Strength & Balance Class 12:30 Register of Wills Presentation 1:00 Cards & Games | 23 |
| 24 | 25 CLOSED | 26 10:30 Strength & Balance Class 1:00 Cards & Games 1:00 Pretty Little Rocks (rock painting) | 27 10:30 Chair Yoga 12:30 SCRABBLE TOURNAMENT | 28 10:30 Strength & Balance Class 1:00 Cards & Games | 29 9:30 ZUMBA GOLD w/ Kellie Bevard 10:30 Strength & Balance Class 12:30 Solo Aging Meetup 1:00 Cards & Games | 30 |
| 31 | | | | | | |

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, **301-271-7911**, thurmontseniorcenter@zoho.com, also [on Facebook](#). Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$7.00. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), & out front on the street. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentist appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$7.00 ea. for homebound seniors within 6 miles. Call the center for details.