

**THURMONT SENIOR CENTER  
MARCH 2026 LUNCH MENU**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bollinger's	Fratelli's	Mt. Gate	Rockys	Kountry Kitchen	
1	2 Egg Salad on a Roll Macaroni Salad Applesauce Dessert	3 Pasta Bean Soup Grilled Cheese Sandwich Fruit Cup Dessert	4 Roast Turkey Mashed Potatoes w/ Gravy Peas Cranberry Sauce Dessert	5 Lasagna Salad Breadstick Dessert	6 BBQ Chicken Cheddar Bacon Wrap Coleslaw Chips Dessert	7
8	9 Fried Shrimp Scalloped Potatoes Broccoli Dessert	10 Spaghetti w/ Meatsauce Bread Dessert	11 Pork BBQ on slider rolls Tossed Salad Fruit Cocktail Dessert	12 Pepperoni Pizza Salad Breadstick Dessert  <i>5-8pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering</i>	13 Chicken Caesar Wrap Tater tots Peaches Dessert	14
15	16 Fried Chicken Sandwich French Fries Tropical Fruit Dessert	17 Sausage & Peppers Sub Sandwich Tater Tots Applesauce Dessert	18 Sheppard's Pie Bread Fruit Cocktail Dessert	19 Meatball Sub Chips Dessert	20 Liver and Onions w/ Bacon Gravy Mashed Potatoes Lima Beans Dessert	21
22	23 Pit Beef Sandwich Coleslaw Chips Dessert	24 Steak & Cheese Hoagie Chips Applesauce Dessert	25 Sausage, Onions & Peppers Baked Potato Peaches Dessert	26 Stuffed Shells Salad Breadstick Dessert	27 Smoked Turkey Breast Sandwich Sweet Potato Fries Applesauce Dessert	28
29	30 Ham Steak Scalloped Potatoes Corn Dessert	31 Baked Ziti Bread Fruit Dessert				

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911,

[thurmontseniorcenter@zoho.com](mailto:thurmontseniorcenter@zoho.com), also on Facebook, and on the web at [thurmontseniorcenter.org](http://thurmontseniorcenter.org)

Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$7.00. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6- mile radius for doctors/dentist's appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$7.00 ea. for homebound seniors within 6 miles. Call the center for details.