

THURMONT SENIOR CENTER MARCH 2026 ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10:30 Strength & Balance Class 1:00 Manicure Monday 1:00 Stitch & Chat	3 10:30 Strength & Balance Class 1:00 Cards & Games	4 10:30 Chair Yoga 1:00 <u>50/50 BINGO</u> \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	5 10:30 Strength & Balance Class 1:00 Cards & Game	6 9:30 ZUMBA GOLD, w/ Kellie Bevard 10:30 Strength & Balance Class 1:00 Cards & Games	7
8	9 10:30 Strength & Balance Class 1:00 Manicure Monday 2:00 Kitty Comfort Hour	10 10:30 Strength & Balance Class 1:00 Cards & Games	11 10:30 Chair Yoga Senior Center closes today at 1:00 for Board Meeting	12 10:30 Strength & Balance Class 1:00 Craftin' in the Catoctins 🍀 1:00 Cards & Games 5-8pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering	13 9:30 ZUMBA GOLD, w/ Kellie Bevard 10:30 Strength & Balance Class 1:00 Cards & Games	14
15	16 10:30 Strength & Balance Class 1:00 Manicure Monday 1:00 Stitch & Chat	17 Ellie Williams/Dept of Aging (call the center to make an appointment) 10:30 Strength & Balance Class 1:00 Cards & Games	18 10:00 Library Day 10:30 Chair Yoga 1:00 <u>50/50 BINGO</u> \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	19 10:00-12:30 Seated Massage Marie Free \$1.00 a minute 10:30 Strength & Balance Class 1:00 Cards & Games	20 9:30 ZUMBA GOLD, w/ Kellie Bevard 10:30 Strength & Balance Class 12:30 Monthly Birthday Party 🎂 🎁 1:00 Cards & Games	21
22	23 10:30 Strength & Balance Class 1:00 Manicure Monday	24 10:30 Strength & Balance Class 1:00 Cards & Games	25 10:30 Chair Yoga 12:30 🍀 DIY Window Herb Gardens (Call to reserve your spot)	26 10:30 Strength & Balance Class 1:00 Cards and Games 1:00 Craftin' in the Catoctins 🍀	27 9:30 ZUMBA GOLD, w/ Kellie Bevard 10:30 Strength & Balance Class 12:30 Solo Aging Cafe 1:00 Cards & Games	28
29	30 10:30 Strength & Balance Class 1:00 Manicure Monday	31 10:30 Strength & Balance Class 1:00 Cards & Games				

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911,
thurmontseniorcenter@zoho.com, also on Facebook, and on the web at thurmontseniorcenter.org

Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$7.00. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6- mile radius for doctors/dentist's appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$7.00 ea. for homebound seniors within 6 miles. Call the center for details