## **THURMONT SENIOR CENTER October Events**

OCTOBER 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Strength Class	2 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	3 11:00-Balance and Strength Class 12:30 Dominoes 1:00 Cards and Games	4 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 1:00 Cards & Games	5
6	7 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games		9 Lunch served today) Senior Center closes today at 1:00 for board meeting.	10 Senior Center Yard Sale We will have lunch for pick up & delivery	11 Senior Center Yard Sale We will have lunch for pick up & delivery	12 Senior Center Yard Sale
13	14 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games	15 10:00 Coffee & Chat 11:00-2:00 FLU SHOT CLINIC 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Game	16 10:00 Library Day 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	17 10:30-12:30 Seated Massage with Marie Free. \$1.00 a minute 11:00-Balance and Strength Class 1:00 Cards and Games	18 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 1:00 Cards & Games	19
20	21 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games 1:00 Pauline's Pals: Rock Painting Party	22 10:00 Coffee & Chat 11:00-Balance and Strength Class 1:00 Cards & Game	23 1:00 Cards and Games	24 11:00-Balance and Strength Class 12:30 Dominoes 1:00 Farkle 1:00 Cards and Games	25 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 1:00 Cards & Games	26
27	28 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games	Strength Class	\$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	31 11:00-Balance and Strength Class 12:30 Dominoes 1:00 Cards and Games		

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, <a href="mailto:thurmontseniorcenter@zoho.com">thurmontseniorcenter@zoho.com</a>, also on Facebook, Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. <a href="PLEASE SEE OUR MENU ON THE REVERSE SIDE">PLEASE SIDE</a>. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), & out front on the street. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. <a href="IF FREDERICK COUNTY SCHOOLS ARE CLOSED DUE TO BAD WEATHER THEN WE ARE CLOSED.">IF A DELAY, THEN WE OPEN ON TIME AT 9:00A.M.</a>