


# **THURMONT SENIOR CENTER October 2023 Menu**

October 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Boneless Wings Sidewinder Fries Tropical Fruit	3 Fish Sandwich Chips Applesauce Dessert	4 Roast Beef Mashed Potatoes Gravy Carrots Bread Dessert	5 Sausage and Pepper Pasta Salad Dessert	6 Reuben Wrap Cucumber Salad Coleslaw Dessert	7.
8	9 Fish Mac & Cheese Limas	10 BBQ Bacon Cheeseburger Chips Fruit Cup Dessert	11 Ham Potatoes, Ham and Cabbage Green Beans Bread Dessert	12 Spaghetti Salad Dessert	13 Broasted Chicken Mac and Cheese Stewed Tomatoes Dessert	14
15	16 Egg Salad Sandwich Chips Coleslaw	17 Small Italian Sub Chips Applesauce Dessert	18 Meat Loaf Baked Potatoes Stewed Tomatoes Bread Dessert	19 Lasagna Salad Dessert	20 Monte Cristo Sandwich Sweet Potato Fries Dessert	21
22	23 Tuna Melt Chips Applesauce	24 Chicken Tenders Extra Crispy French Fries Fruit Cup Dessert	25 Beef Barbeque Coleslaw Baked Beans Bread Dessert	26 Chicken Tuscany Salad Dessert	27 Grilled Cheese with Bacon Corn Fritters Tater Tots	28
29 	30 Pulled Pork Sandwich Coleslaw Chips	31 Ham and Cheese Pretzel Melt Chips Applesauce Dessert	SEE OUR Activities CALENDAR ON THE OTHER SIDE. Mark your calendars for all the events going on at the Thurmont Senior Center <u>Reminder</u> 5:00 to 8:00 p.m. on 2 <sup>nd</sup> Thursday of each month is Fundraiser Night at Roy Rogers for the Sr. Center. Please mention the Thurmont Sr. Center when you order inside or outside and we receive 25% of the sales from 5:00-8:00p.m. THANK YOU! Also stop by our bake sale that night for some treats!!!!!!  Don't forget to call at least 24hrs. before to order lunch to 301-271-7911.			

[thurmontseniorcenter@zoho.com](mailto:thurmontseniorcenter@zoho.com), also on Facebook, and on the web at [thurmontseniorcenter](http://thurmontseniorcenter.com). Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6-mile radius for doctors/dentists' appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details.