


## THURMONT SENIOR CENTER JUNE 2023 MENU CALENDAR

### JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Spaghetti Salad Bread Dessert	2 Hot Turkey Open Face Mashed Potatoes Dessert	3
4	5 Hot Dog Mashed Potatoes Sauerkraut	6 Fish Sandwich Extra Crispy Fries Fruit Cup Dessert	7 Meat Loaf Scalloped Potatoes Broccoli Bread Dessert	8 Chicken Parmigiana with Pasta Salad Bread Dessert	9 Grilled Ham Steak Mac and Cheese Stewed Tomatoes Bread Dessert	10
11	12 Pork BBQ SD. Cole slaw Apple sauce	13 Ham and Cheese Pretzel Melt Chips Fries Applesauce	14 Chicken Salad Sandwiches Broccoli Cheddar Soup Crackers Fruit Cocktail Dessert	15 Cheese Pizza Salad Dessert	16 2 pc. Broasted Chicken Scallop Potatoes Green Beans Dessert	17
 <p style="text-align: center;">HAPPY Father's DAY</p>	19 Fried Shrimp French fries Macaroni salad	20 Cheeseburger Extra Crispy Fries Fruit Cup Dessert	21 Roast Turkey Mashed Potatoes/Gravy Beets Cranberry Gel Bread	22 Chicken Alfredo Salad Bread Dessert	23 Salmon Cake Sandwich Browned Potatoes Fruit Cocktail Dessert	24
18						
25	26 Garlic Parmesan Chicken Breast Macaroni and Cheese Tropical Fruit	27 Meatball & Cheese Sub Chips Applesauce Dessert	28 Baked Ham Mac and Cheese Broccoli Bread Dessert	29 Manicotti Salad Bread Dessert	30 Liver, Onions, Bacon and Gravy Mashed Potatoes Corn Dessert	<p>THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271- 7911, <a href="mailto:thurmontseniorcenter@zoho.com">thurmontseniorcenter@zoho.com</a>, <a href="#">also on Facebook</a>, Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. We deliver carryout lunches for homebound</p> <p>*Parking instructions: Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street &amp; across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc.</p>