

## THURMONT SENIOR CENTER JUNE 2023 EVENTS CALENDAR

### JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> 11:00-Balance and Strength Class 12:30 Dominoes 1:00 Cards and Games	<b>2</b> 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 12:30- 500 card game 1:00 Cards & Games	<b>3</b>
<b>4</b>	<b>5</b> 9:30 YOGA 11:00-Balance and Strength Class 1:00 Cards & Games	<b>6</b> 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength 1:00 Hand and Foot 1:00 Cards & Game	<b>7</b> 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	<b>8</b> 11:00-Balance and Strength Class w/ Ruth 12:30 Dominoes 1:00 Bunko 1:00 Cards and Games 5-8pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering	<b>9</b> 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 12:30- 500 card game 1:00 Cards & Games	<b>10</b>
<b>11</b>	<b>12</b> 9:30 YOGA 11:00-Balance and Strength Class 1:00 Cards & Games	<b>13</b> 10:00 Coffee & Chat 10:00 Knitting & Crocheting Group 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class 1:00 Cards & Game	<b>14</b> Lunch served today) Senior Center closes today at 1:00 for board meeting.	<b>15</b> 10:30-12:30 Seated Massage with Marie Free 11:00-Balance and Strength Class w/ Ruth 12:30 Monthly Birthday Party Karaoke/ Sing a long 12:30 Dominoes 1:00 Cards and Games	<b>16</b> 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 12:30- 500 card game 1:00 Cards & Games	<b>17</b>
<b>18</b> <b>Happy Father's Day</b>	<b>19</b> 9:30 YOGA 11:00-Balance and Strength Class 1:00 Cards & Games	<b>20</b> 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class 1:00 Hand and Foot 1:00 Cards & Game	<b>21</b> 10:00 Library Day 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	<b>22</b> 11:00-Balance and Strength Class w/ Ruth 12:30 Dominoes 1:00 Cards and Games	<b>23</b> 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 12:30- 500 card game 1:00 Cards & Games	<b>24</b>
<b>25</b>	<b>26</b> 9:30 YOGA 11:00-Balance and Strength Class 1:00 Cards & Games	<b>27</b> 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class 1:00 Cards & Game	<b>28</b> 1:00 Cards and Games	<b>29</b> 11:00-Balance and Strength Class w/ Ruth 12:30 Dominoes 1:00 Farkle 1:00 Cards and Games	<b>30</b> 10:15 – 11 ZUMBA GOLD 11:00-Balance and Strength Class 12:30- 500 card game 1:00 Cards & Games	

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, [thurmontseniorcenter@zoho.com](mailto:thurmontseniorcenter@zoho.com), also on [Facebook](#). Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00, we deliver carryout lunches for homebound seniors within 6 miles.