


**THURMONT SENIOR CENTER MAY 2023 MENU**

| MAY 2023  |  |  |   |  |  |           |
|-----------|--|--|---|--|--|-----------|
| Sun       | Mon  | Tue  | Wed   | Thu  | Fri  | Sat       |
|           | <b>1</b><br>Grilled Cheese<br>Vegetable Soup<br>Chips<br>Dessert   | <b>2</b><br>Meatball &<br>Cheese Sub<br>Chips<br>Applesauce<br>Dessert             | <b>3</b><br>Roast Turkey<br>Mashed<br>Potatoes/Gravy<br>Beets<br>Cranberry Gel<br>Bread                       | <b>4</b><br>Cheese<br>Ravioli<br>Salad<br>Bread  | <b>5</b><br>Sloppy Joe<br>Tater Tots<br>Applesauce<br>Dessert                        | <b>6</b>  |
| <b>7</b>  | <b>8</b><br>Fish<br>French Fries<br>Coleslaw<br>Dessert  | <b>9</b><br>Cheeseburger<br>Extra Crispy<br>Fries<br>Fruit Cup<br>Dessert          | <b>10</b><br>Chicken Salad<br>Sandwiches<br>Broccoli<br>Cheddar Soup<br>Crackers<br>Fruit Cocktail<br>Dessert | <b>11</b><br>Chicken<br>Alfredo<br>Salad<br>Bread<br>Dessert   | <b>12</b><br>Hot Turkey Open<br>Face<br>Mashed Potatoes<br>Dessert                   | <b>13</b> |
| <b>14</b> | <b>15</b><br>Ham<br>Scalloped<br>Potatoes<br>Green Beans<br>Dessert  | <b>16</b><br>Fried Shrimp<br>Extra Crispy<br>Fries<br>Applesauce<br>Dessert        | <b>17</b><br>Meat Loaf<br>Scalloped<br>Potatoes<br>Broccoli<br>Bread<br>Dessert                               | <b>18</b><br>Sausage and<br>Pepper Pasta<br>Salad<br>Bread<br>Dessert  | <b>19</b><br>Rueben Wrap<br>Macaroni Salad<br>Coleslaw<br>Dessert                    | <b>20</b> |
| <b>21</b> | <b>22</b><br>Hamburger<br>Steak<br>Mashed<br>Potatoes<br>Corn  | <b>23</b><br>Crabcake<br>Sandwich<br>Extra Crispy<br>Fries<br>Fruit Cup<br>Dessert | <b>24</b><br>Baked Ham<br>Mac and<br>Cheese<br>Broccoli<br>Bread<br>Dessert                                   | <b>25</b><br>Lasagna<br>Salad<br>Bread<br>Dessert  | <b>26</b><br>2 pc. Broasted<br>Chicken<br>Scallop Potatoes<br>Green Beans<br>Dessert | <b>27</b> |
| <b>28</b> | <b>29</b><br><b>Closed for<br/>Memorial<br/>Day</b><br> | <b>30</b><br>Ham and<br>Cheese Pretzel<br>Melt<br>Chips<br>Applesauce              | <b>31</b><br>Roast Pork/<br>Dressing<br>Baked potato<br>Green Beans<br>Bread<br>Dessert                       | <p><i>THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, <a href="mailto:thurmontseniorcenter@zoho.com">thurmontseniorcenter@zoho.com</a>, also on Facebook. Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. PLEASE SEE OUR EVENTS CALENDAR ON THE REVERSE SIDE. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street &amp; across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. &amp; we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO SLIPPERY ROADS WE ARE CLOSED. IF SCHOOLS ARE DELAYED WE OPEN ON TIME.</i></p> |  |           |