


THURMONT SENIOR CENTER MAY 2023 EVENTS

MAY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 9:30 YOGA \$24.00 for 8 session punch card or \$5.00 each. Taught by Jon Phebus 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games</p>	<p>2 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Game</p>	<p>3 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all</p>	<p>4 10:00 Safeway Pharmacy delivering vaccines for pneumonia, shingles, covid ect... 11:00-Balance and Strength Class w/ Ruth 12:30 Dominoes 1:00 Cards and Games</p>	<p>5 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 11:00-Balance and Strength Class w/ Ruth 12:30- 500 card game 1:00 Cards & Games</p>	<p>6 Thurmont Lions Club Health Fair 8 am-12pm</p>
7	<p>8 9:30 YOGA \$24.00 for 8 session punch card or \$5.00 each. Taught by Jon Phebus 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games</p>	<p>9 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Game</p>	<p>10 Lunch served today) Senior Center closes today at 1:00 for board meeting.</p>	<p>11 10:00 SPECIAL SPEAKER Art Drager Attorney at Law 12:30 Dominoes 1:00 Bunko 1:00 Cards &Games 5-8pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering</p>	<p>12 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 11:00-Balance and Strength Class w/ Ruth 12:30- 500 card game 1:00 Cards & Games</p>	13
14	<p>15 9:00 Ellie Williams (By Appt Only) 9:30 YOGA \$24.00 for 8 session punch card or \$5.00 each. Taught by Jon Phebus 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games</p>	<p>16 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Game</p>	<p>17 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all</p>	<p>18 10:30-12:30 Seated Massage with Marie Free 11:00-Balance and Strength Class w/ Ruth 12:30 Monthly Birthday Party music Brent and Patty Progecene 12:30 Dominoes</p>	<p>19 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 11:00-Balance and Strength Class w/ Ruth 12:30- 500 card game 1:00 Cards & Games</p>	20
21	<p>22 9:30 YOGA \$24.00 for 8 session punch card or \$5.00 each. Taught by Jon Phebus 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Games</p>	<p>23 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Game</p>	<p>24 10:00 Library Day 10:00 Humana 1:00 Cards & Games</p>	<p>25 11:00-Balance and Strength Class w/ Ruth 12:30 Dominoes 1:00- Farkle 1:00 Cards & Games</p>	<p>26 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 11:00-Balance and Strength Class w/ Ruth 12:30- 500 card game 1:00 Cards & Games</p>	27
28	<p>29 Closed for Memorial Day </p>	<p>30 10:00 Coffee & Chat 10:00- Healthy Living Discussion Group 11:00-Balance and Strength Class w/ Ruth 1:00 Cards & Game</p>	<p>31 1:00 50/50 SPECIAL BINGO to benefit \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all</p>	<p>THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, thurmontseniorcenter@zoho.com, also on Facebook, Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. PLEASE SEE OUR EVENTS CALENDAR ON THE REVERSE SIDE. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO SLIPPERY ROADS WE ARE CLOSED. IF SCHOOLS ARE DELAYED WE OPEN ON TIME.</p>		

