

THURMONT SENIOR CENTER MARCH 2023 MENU

MARCH 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bollinger's	Fratelli's	1 Mt Gate Baked Chicken Rice Pilaf Carrots Bread	2 Rocky's Sausage & Peppers Pasta Salad Bread Dessert	3 Kountry Kitchen Hot Turkey Sandwich Mashed Potatoes Dessert	4
5	6 Hot Beef Sandwich Mashed Potatoes Applesauce Dessert	7 Pizza Burger Chips Fruit Cup Dessert	8 Roast Pork/ Dressing Mashed Potatoes w/ gravy Green Beans Bread Dessert	9 Lasagna Salad Bread Dessert	10 2 pc Broasted Chicken Bread Coleslaw Dessert	11
12	13 Pulled Pork Sandwich Chips Coleslaw Dessert	14 Italian Wrap Chips Applesauce Dessert	15 Meat Loaf Baked Potato California Blend Bread Dessert	16 Spaghetti Bolognese Salad Bread Dessert	17 Sloppy Joe Sandwich Tater Tots Coleslaw	18
19	20 Tuna Grilled Cheese Sandwich French Fries Applesauce Dessert	21 Fried Shrimp Extra Crispy Fries Fruit Cup Dessert	22 Roast Turkey Mashed Potatoes and Gravy Beets Cranberry Gel Bread Dessert	23 Chicken Parmigiana Salad Bread Dessert	24 Grilled Ham Steak Mac and Cheese Stewed Tomatoes Bread Dessert	25
26	27 Baked Ham Mashed Potatoes Green Beans Dessert	28 Cheeseburger Salad w/ House Dressing Applesauce Dessert	29 Fried Chicken Baked Macaroni & Cheese Broccoli Dessert	30 Cheese Pizza Salad Bread Dessert	31 Salmon Cake Sandwich Sweet Potato Fries Dessert	

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, thurmontseniorcenter@zoho.com, also on Facebook, and website: thurmontseniorcenter.org Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. PLEASE SEE OUR EVENTS CALENDAR ON THE REVERSE SIDE.

Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in

Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details.

REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO SLIPPERY ROADS WE ARE CLOSED. IF SCHOOLS ARE DELAYED WE OPEN ON TIME.