

THURMONT SENIOR CENTER FEBRUARY 2023 MENU

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bollinger's	Fratelli's	1 Mt Gate Roast Turkey Mashed Potatoes and Gravy Beets Cranberry Gel Bread Dessert	2 Rocky's Chicken Parmigiana Salad Bread Dessert	3 Kountry Kitchen Roast Pork Mashed Potatoes Sauerkraut Bread Dessert	4
5	6 Baked Ham Mashed Potatoes Green Beans Dessert	7 Meatball Sub Chips Applesauce Dessert	8 Baked Chicken Baked Macaroni and Cheese Carrots Bread Dessert	9 Stuffed Shells Salad Bread Dessert	10 2 pc Broasted Chicken Bread Waffle Fries Dessert	11
12	13 Fish Macaroni and Cheese Coleslaw Dessert	14 Cheeseburger Salad w/ House Dressing Fruit cup Dessert 	15 Meat Loaf Baked Potato California Blend Bread Dessert	16 Chicken Alfredo Salad Bread Dessert	17 Sloppy Joe Sandwich Tater Tots Coleslaw	18
19	20 Grilled Chicken Breast French Fries Applesauce Dessert	21 Fried Shrimp Extra Crispy Fries Fruit Cup Dessert	22 Roast Pork/ Dressing Mashed Potatoes w/ gravy Green Beans Bread Dessert	23 Lasagna Salad Bread Dessert	24 Grilled Ham Steak Mac and Cheese Stewed Tomatoes Bread Dessert	25
26	27 Grilled Cheese Vegetable Soup Chips Dessert	28 Ham & Cheese Pretzel Melt Chips Applesauce Dessert				

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, thurmontseniorcenter@zoho.com, also on Facebook, and website:

thurmontseniorcenter.org Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. **PLEASE SEE OUR EVENTS CALENDAR ON THE REVERSE SIDE.**

Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in

Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details.

REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO SLIPPERY ROADS WE ARE CLOSED. IF SCHOOLS ARE DELAYED WE OPEN ON TIME.