

THURMONT SENIOR CENTER NOVEMBER 2022 EVENTS

November 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Coffee & Chat 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games	2 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all 11:15- Balance and Strength Class w/ Ruth	3 11:15-11:45- Balance and Strength Class w/ Ruth	4 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	5
6 Daylight Savings Ends Time Change	7 9:30-10:30- YOGA with Jon Phebus 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games	8 10:00 Coffee & Chat 11:00- Bridge 11:15-11:45- Balance and Strength Class w/ Ruth 11-2:00 Knitting/ Crocheting Group for Newborn Hats & any other projects 1:00 Cards & Game	9 (Lunch served today) Senior Center closes today at 1:00 for board meeting. 11:00- Bridge 11:15 Balance and Strength Class w/ Ruth	10 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Bunko 1:00 Cards & Games 5-8pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering	11 Veterans Day 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	12
13	14 9:30-10:30- YOGA with Jon Phebus 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games	15 10:00 Coffee & Chat 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games 1:00 Crafting Fun with Pauline's Pals	16 10:00 Library Day 11:15- Balance and Strength Class w/ Ruth 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	17 11:15-11:45- Balance and Strength Class w/ Ruth 10:30-12:30 Seated Massage with Marie Free 12:30 Monthly Birthday Party Music by Patty and Brent Progecene	18 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	19
20	21 9:30-10:30- YOGA with Jon Phebus 11:15-11:45- Balance and Strength Class w/ Ruth 10:00 Blood Pressure Checks Thurmont Ambulance Company 1:00 Cards & Games	22 10:00 Coffee & Chat 11:00- Bridge 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games	23 11:00- Bridge 11:15-- Balance and Strength Class w/ Ruth	24 THANKSGIVING DAY 	25 CENTER CLOSED 	26
27	28 9:30-10:30- YOGA with Jon Phebus 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games	29 10:00 Coffee & Chat 11:15-11:45- Balance and Strength Class w/ Ruth 1:00 Cards & Games	30 11:15- Balance and Strength Class w/ Ruth 1:00 Special BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all		Reminder 5:00 to 8:00 p.m. on 2nd Thursday of each month is Fundraiser Night at Roy Rogers for the Sr. Center. Please mention the Thurmont Sr. Center when you order inside or outside and we receive 25% of the sales from 5:00-8:00p.m. THANK YOU! Also stop by our bake sale that night for some treats!!!!!!	

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, thurmontseniorcenter@zoho.com, also on [Facebook](#). Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. **PLEASE SEE OUR CALENDAR OF EVENTS ON THE REVERSE SIDE.** Overflow parking is located behind the Police Station (follow the paved path to our parking lot), & out front on the street. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. **IF FREDERICK COUNTY SCHOOLS ARE CLOSED DUE TO BAD WEATHER THEN WE ARE CLOSED. IF A DELAY, THEN WE OPEN ON TIME AT 9:00A.M.**