## THURMONT SENIOR CENTER JULY MENU

| July 2022 |   |  |   |   |  |     |
|-----------|---|--|---|---|--|-----|
| Sun       | Mon   | Tue  | Wed   | Thu   | Fri  | Sat |
|           |   |  | •   |   | 1<br>Pulled Prok<br>Sandwich<br>Chips<br>Coleslaw<br>Dessert                     | 2   |
| 3         | 4<br>CLOSED<br>Happy 4th  | 5<br>Fried Shrimp<br>Extra Crispy French<br>Fries<br>Fruit Cup<br>Dessert        | 6<br>Fried Chicken<br>Corn Fritters<br>Macaroni Salad<br>Bread<br>Dessert                                     | 7<br>Baked Ziti<br>Salad<br>Bread<br>Dessert  | 8<br>Hot Dog with<br>Bacon and Cheese<br>Extra Crispy<br>French Fries<br>Dessert | 9   |
| 10        | <b>11</b><br>2 piece Broasted<br>Chicken<br>Browned Potatoes<br>Corn<br>Bread<br>Dessert  | <b>12</b><br>Meatball and Cheese<br>Sub<br>Chips<br>Applesauce<br>Dessert        | <b>13</b><br>Roasted Turkey<br>Mashed Potatoes &<br>Gravy<br>Green Beans<br>Bread<br>Cranberry Gel<br>Dessert | 14<br>Lasagna<br>Salad<br>Bread<br>Dessert<br>5-8p.m. Fundraiser<br>night & Bake Sale<br>at Roy Rogers. | <b>15</b><br>Fish and Chips<br>Veg of the Day<br>Dessert                         | 16  |
| 17        | <b>18</b><br>Baked Ham<br>Salloped Potates<br>Green Beans<br>Dessert  | <b>19</b><br>Cheeseburger<br>Salad w/ House<br>Dressing<br>Desset                | 20<br>Fried Chicken<br>Baked Macaroni &<br>Cheese<br>Broccoli<br>Dessert                                      | <b>21</b><br>Meat Ravioli<br>Salad<br>Bread<br>12:30 Monthly<br>Birthday Party                          | 22<br>Cold Ham &<br>Cheese Sandwich<br>Chips<br>Applesauce<br>Dessert            | 23  |
| 24        | 25<br>Salmon Cake<br>Sandwich<br>Macaroni Salad<br>Dessert  | 26<br>Crab Cake Sandwich<br>Extra Crispy French<br>Fries<br>Fruit Cup<br>Dessert | 27<br>Pork Roast & Dressing<br>Sweet Potatoes<br>Carrots<br>Bread<br>Dessert                                  | 28<br>Stuffed Shells<br>Salad<br>Dessert  | 29<br>Steamer Sandwich<br>Coleslaw<br>Dessert                                    | 30  |
| 31        | SEE OUR EVENTS CALENDAR ON THE OTHER SIDE.<br>Mark your calendars for all the events going on at the Thurmont Senior Center, but don't miss every<br>Tuesday piano music and sing along 11:00-11:30 <u>Reminder</u> 5:00 to 8:00 p.m. on 2 <sup>nd</sup> Thursday of each<br>month is Fundraiser Night at Roy Rogers for the Sr. Center. Please mention the Thurmont Sr.<br>Center when you order inside or outside and we receive 25% of the sales from 5:00-8:00p.m.<br>THANK YOU! Also stop by our bake sale that night for some treats!!!!!!<br>Don't forget to call at least 24hrs. before to order lunch to 301-271-7911. |  |   |   |  |     |

Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center 301-271-7911. We provide rides for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO SLIPPERY ROADS WE ARE CLOSED. IF SCHOOLS ARE DELAYED WE OPEN ON TIME.