## THURMONT SENIOR CENTER JULY CALENDAR OF EVENTS

July 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	2
3	CLOSED Happy 4th	5 10:00 Coffee & Chat 1:00 Cards & Games	1:00 50/50 BINGO at \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all.	7 9:15 Exercise- Jammin` to the Oldies 1:00 Cards & Games	8 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	9
10	9:30-10:30- YOGA with Jon Phebus	12 10:00 Coffee & Chat 11-2:00 Knitting/ Crocheting Group for Newborn Hats & any other projects 1:00 Cards & Games	13 Lunch served today but center closes at 1:00 for board meeting 11:00 -2:00 Bridge	14 9:15 Exercise- Jammin` to the Oldies 1:00 Bunko 1:00 Cards &Games 5-8pm Fundraiser Night and Bake Sale at Roy Rogers, MENTION TSC inside or drive thru when ordering	15 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	16
17	9:30-10:30- YOGA with Jon Phebus	19 10:00 Coffee & Chat 1:00 Cards & Games 1:00 Crafting Fun with Pauline's Pals	20 1:00 50/50 BINGO \$5.00 for 3 pack of 20 games, last game \$1.00 winner take all	9:15 Exercise- Jammin` to the Oldies 10:30-12:30 Seated Massage with Marie	10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	23
24	9:30-10:30- YOGA with Jon Phebus	26 10:00 Coffee & Chat 1:00 Cards & Games		9:15 Exercise- Jammin` to the Oldies 1:00 Farkle 1:00 Cards & Games	29 10:15 – 11 ZUMBA GOLD, \$24.00 for 8 session punch card or \$5.00 each. Taught by Kellie Bevard 1:00 Cards & Games	30

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, <a href="mailto:thurmontseniorcenter@zoho.com">thurmontseniorcenter@zoho.com</a>, also on <a href="mailto:facebook">Facebook</a>, Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. <a href="PLEASE SEE OUR MENU ON THE REVERSE SIDE">PLEASE SEE OUR MENU ON THE REVERSE SIDE</a>. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details.